



Detailed evaluation

Sīmanis, Gerds

Club: RedFrog
Number: 1379

Course: 22.00 km
Stirnu buks

Category:
VB3

Total time: 3:29:32

Speed: 6.30 km/h

Rank in course/Total: 354 (of 368)

Rank in course/Men: 227 (of 229)

Best time in course: 1:24:21

Rank in category: 70(of 71)

Best time in the category: 1:35:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Sprint Start	-	48:12	-	70	25:38	227	28:00	-	48:12	-	70	25:38	227	28:00
Sprint Finish	-	3:08	-	69	1:35	225	1:56	-	51:20	-	70	27:01	227	29:46
104	-	36:54	-	70	19:38	227	21:49	-	1:28:14	-	70	46:39	227	51:27
105	-	57:49	-	70	31:20	227	35:54	-	2:26:03	-	70	1:17:15	227	1:26:46
106	-	43:50	-	69	25:42	224	27:47	-	3:09:53	-	70	1:42:57	227	1:53:56
Finish	-	19:39	-	68	10:39	221	11:23	22.00	3:29:32	-	70	1:53:36	227	2:05:11