



Detailed evaluation

Lukstiņa, Ilze

Club: Segliņa sporta skola
Number: 7475

Course: 12.00 km
Zakis

Category:
SZ3

Total time: 1:53:57

Speed: 6.32 km/h

Rank in course/Total: 491 (of 512)

Rank in course/Women: 247 (of 265)

Best time in course: 41:10

Rank in category: 210(of 226)

Best time in the category: 41:10

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Sprint Start	-	52:13	-	208	28:07	247	28:07	-	52:13	-	208	28:07	247	28:07
Sprint Finish	-	3:35	-	205	1:42	244	1:42	-	55:48	-	208	29:42	247	29:42
106	-	39:10	-	205	19:38	241	19:38	-	1:34:58	-	209	49:20	246	49:20
Finish	-	18:59	-	201	9:20	238	9:20	12.00	1:53:57	-	210	1:12:47	247	1:12:47