



Detailed evaluation

Krastiņš, Jēkabs

Club: SK Metroons / Nike
Number: 1384

Course: 22.00 km
Stirnu buks

Category:
VB3

Total time: 2:13:58

Speed: 9.85 km/h

Rank in course/Total: 159 (of 368)

Rank in course/Men: 133 (of 229)

Best time in course: 1:24:21

Rank in category: 39(of 71)

Best time in the category: 1:35:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Sprint Start	-	48:10	-	69	25:36	226	27:58	-	48:10	-	69	25:36	226	27:58
Sprint Finish	-	1:53	-	18	0:20	87	0:41	-	50:03	-	69	25:44	226	28:29
104	-	19:17	-	8	2:01	33	4:12	-	1:09:20	-	65	27:45	213	32:33
105	-	31:11	-	14	4:42	45	9:16	-	1:40:31	-	54	31:43	171	41:14
106	-	23:08	-	17	5:00	63	7:05	-	2:03:39	-	44	36:43	143	47:42
Finish	-	10:19	-	8	1:19	38	2:03	22.00	2:13:58	-	39	38:02	133	49:37