



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

Detailed evaluation

Promberga, Sniga

Club: CrossFit Rīdzene
Number: 2242

Course: 12.00 km
Zakis

Category:
SZ3

Total time: 1:25:42

Speed: 8.40 km/h

Rank in course/Total: 357 (of 512)

Rank in course/Women: 145 (of 265)

Best time in course: 41:10

Rank in category: 127(of 226)

Best time in the category: 41:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Sprint Start	-	39:53	-	147	174	15:47	15:47	-	39:53	-	147	174	15:47	15:47
Sprint Finish	-	3:10	-	163	192	1:17	1:17	-	43:03	-	149	176	16:57	16:57
106	-	29:08	-	104	118	9:36	9:36	-	1:12:11	-	132	153	26:33	26:33
Finish	-	13:31	-	81	90	3:52	3:52	12.00	1:25:42	-	127	145	44:32	44:32