



## Detailed evaluation

### Barrow, Lante

Club: The Rock  
Number: 5127

Course: 28.00 km  
Lusis

Category:  
VLJ

Total time: 2:48:12

Speed: 9.99 km/h

Rank in course/Total: 168 (of 274)

Rank in course/Men: 145 (of 206)

Best time in course: 1:47:32

Rank in category: 10(of 13)

Best time in the category: 2:02:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	19:08	-	10	3:55	100	5:43	-	19:08	-	10	3:55	100	5:43
Sprint Start	-	39:22	-	10	9:21	146	12:58	-	58:30	-	10	13:16	129	18:41
Sprint Finish	-	2:16	-	10	0:51	148	1:03	-	1:00:46	-	10	13:46	130	19:38
104	-	26:26	-	11	8:04	173	10:31	-	1:27:12	-	11	21:50	152	30:08
105	-	40:07	-	11	12:45	158	16:09	-	2:07:19	-	11	34:35	155	45:39
106	-	27:37	-	9	7:49	129	10:41	-	2:34:56	-	10	42:24	149	55:59
Finish	-	13:16	-	9	3:23	125	4:49	28.00	2:48:12	-	10	45:47	145	1:00:40