



Detailed evaluation

Prauliņš, Valdis

Club: Čiekurkalna Road Runners
Number: 1236

Course: 22.00 km
Stirnu buks

Category:
VB3

Total time: 1:54:08

Speed: 11.57 km/h

Rank in course/Total: 56 (of 368)

Rank in course/Men: 52 (of 229)

Best time in course: 1:24:21

Rank in category: 14(of 71)

Best time in the category: 1:35:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Sprint Start	-	25:13	-	9	2:39	32	5:01	-	25:13	-	9	2:39	32	5:01
Sprint Finish	-	1:45	-	5	0:12	56	0:33	-	26:58	-	9	2:39	32	5:24
104	-	19:43	-	11	2:27	38	4:38	-	46:41	-	9	5:06	33	9:54
105	-	33:34	-	24	7:05	82	11:39	-	1:20:15	-	13	11:27	47	20:58
106	-	22:46	-	16	4:38	58	6:43	-	1:43:01	-	14	16:05	51	27:04
Finish	-	11:07	-	15	2:07	58	2:51	22.00	1:54:08	-	14	18:12	52	29:47