



Detailed evaluation

Poga, Ieva

Club: Ražots Latvijā
Number: 2354

Course: 12.00 km
Zakis

Category:
SZ3

Total time: 1:40:27

Speed: 7.17 km/h

Rank in course/Total: 458 (of 512)

Rank in course/Women: 217 (of 265)

Best time in course: 41:10

Rank in category: 182(of 226)

Best time in the category: 41:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Sprint Start	-	44:57	-	183	20:51	219	20:51	-	44:57	-	183	20:51	219	20:51
Sprint Finish	-	3:31	-	197	1:38	234	1:38	-	48:28	-	183	22:22	219	22:22
106	-	36:21	-	184	16:49	219	16:49	-	1:24:49	-	184	39:11	220	39:11
Finish	-	15:38	-	146	5:59	170	5:59	12.00	1:40:27	-	182	59:17	217	59:17