



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

Detailed evaluation

Prombergs, Haralds

Club: CrossFit Rīdzene
Number: 2243

Course: 12.00 km
Zakis

Category:
VZ3

Total time: 1:02:24

Speed: 11.54 km/h

Rank in course/Total: 54 (of 512)

Rank in course/Men: 47 (of 247)

Best time in course: 47:58

Rank in category: 35(of 192)

Best time in the category: 48:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Sprint Start	-	27:00	-	32	5:41	42	5:41	-	27:00	-	32	5:41	42	5:41
Sprint Finish	-	2:02	-	39	0:23	58	0:23	-	29:02	-	31	6:04	43	6:04
106	-	22:12	-	33	5:16	45	5:19	-	51:14	-	31	11:20	43	11:23
Finish	-	11:10	-	54	2:57	73	3:03	12.00	1:02:24	-	35	14:17	47	14:26