



Stützerbacher Frühlingslauf
Stützerbach / 07.05.2016

Detailed evaluation

Kummer, Roland

Number: 7

Course: 5.00 km

Lauf 5 km

Category:

Senioren M35 (35-39 Jahre)

Total time: 29:34

Speed: 10.15 km/h

Running performance: 5:55 min/km

Rank in course/Total: 8 (of 10)

Rank in course/Men: 7 (of 9)

Best time in course: 18:47

Rank in category: 1(of 1)

Best time in the category: 29:34