



Stützerbacher Frühlingslauf  
Stützerbach / 07.05.2016

Detailed evaluation

Ziemke, Claudia

Club: Dream Team Ilmenau  
Number: 77

Course: 10.00 km  
Lauf 10 km

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 43:17

Speed: 13.86 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 5 (of 13)

Rank in course/Women: 2 (of 4)

Best time in course: 42:20

Rank in category: 1(of 1)

Best time in the category: 43:17