



Stützerbacher Frühlingslauf
Stützerbach / 07.05.2016

Detailed evaluation

Donczik, Griseldis

Club: Stützerbach

Number: 1

Course: 10.00 km

Lauf 10 km

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 57:37

Speed: 10.41 km/h

Running performance: 5:46 min/km

Rank in course/Total: 11 (of 13)

Rank in course/Women: 3 (of 4)

Best time in course: 42:20

Rank in category: 1(of 1)

Best time in the category: 57:37