



Stützerbacher Frühlingslauf
Stützerbach / 07.05.2016

Detailed evaluation

Schaffranka, Ralf

Number: 68

Course: 10.00 km

Lauf 10 km

Category:

Senioren M55 (55-59 Jahre)

Total time: 57:38

Speed: 10.41 km/h

Running performance: 5:46 min/km

Rank in course/Total: 12 (of 13)

Rank in course/Men: 9 (of 9)

Best time in course: 36:57

Rank in category: 2(of 2)

Best time in the category: 50:25