



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Triathlon Friedrichroda

Number: 2020

Course: 100.22 km

Staffel 2x50 km

Category:

Mixstaffel

Total time: 10:19:50

Speed: 9.68 km/h

Running performance: 6:11 min/km

Rank in course: 7 (of 20)

Best time in course: 8:25:24

Rank in category: 3(of 8)

Best time in the category: 9:54:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	54.00	5:48:14	6:26	4	36:06	9	1:35:27	54.00	5:48:14	6:26	4	36:06	9	1:35:27
Fröttstädt	46.22	4:31:36	5:52	3	38:34	7	38:34	100.22	10:19:50	6:11	3	25:06	7	1:54:26