



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Triathlon Friedrichroda

Number: 4026

Course: 100.22 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:37:49

Speed: 11.61 km/h

Running performance: 5:10 min/km

Rank in course: 5 (of 30)

Best time in course: 7:12:25

Rank in category: 5(of 22)

Best time in the category: 7:12:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	2:38:46	5:47	9	38:28	12	38:28	27.39	2:38:46	5:47	9	38:28	12	38:28
Floh-Seligenthal	27.74	1:53:48	4:06	1	-	1	-	55.13	4:32:34	4:56	2	32:24	2	32:24
Finsterbergen	22.03	2:03:09	5:35	11	31:38	15	31:38	77.16	6:35:43	5:07	4	1:04:02	4	1:04:02
Fröttstädt	23.06	2:02:06	5:17	11	23:28	15	23:28	100.22	8:37:49	5:10	5	1:25:24	5	1:25:24