



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Fender, Norbert

Club: 100marathon42.de
Number: 117

Course: 100.20 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 12:13:00

Speed: 8.19 km/h
Running performance: 7:19 min/km

Rank in course/Total: 62 (of 216)

Rank in course/Men: 56 (of 181)

Best time in course: 8:48:12

Rank in category: 7(of 28)

Best time in the category: 9:25:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:10:51	7:04	9	37:35	58	45:39	27.00	3:10:51	7:04	9	37:35	57	45:39
Floh-Seligenthal	27.00	3:00:56	6:42	6	34:19	40	39:56	54.00	6:11:47	6:53	8	1:11:54	45	1:25:35
Finsterbergen	22.00	2:41:22	7:20	6	27:47	36	41:20	76.00	8:53:09	7:00	6	1:39:41	40	2:04:03
Prefinish	23.70	3:17:26	8:19	11	1:06:50	93	1:19:23	99.70	12:10:35	7:19	7	2:46:31	54	3:23:26
Fröttstädt	0.50	2:25	4:49	27	1:12	158	1:26	100.20	12:13:00	7:18	7	2:47:42	56	3:24:48