



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Ziegelmeier, Karl

Club: SV Marienstein Eichstätt  
Number: 230

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 12:17:44

Speed: 8.13 km/h  
Running performance: 7:22 min/km

Rank in course/Total: 64 (of 216)

Rank in course/Men: 57 (of 181)

Best time in course: 8:48:12

Rank in category: 8(of 28)

Best time in the category: 9:25:18

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:19:18	7:22	13	46:02	88	54:06	27.00	3:19:18	7:22	13	46:02	87	54:06
Floh-Seligenthal	27.00	3:14:39	7:12	10	48:02	64	53:39	54.00	6:33:57	7:17	11	1:34:04	71	1:47:45
Finsterbergen	22.00	2:57:57	8:05	7	44:22	63	57:55	76.00	9:31:54	7:31	9	2:18:26	69	2:42:48
Prefinish	23.70	2:44:24	6:56	6	33:48	41	46:21	99.70	12:16:18	7:23	8	2:52:14	56	3:29:09
Fröttstädt	0.50	1:26	2:52	10	0:13	70	0:27	100.20	12:17:44	7:21	8	2:52:26	57	3:29:32