



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Liebetrau, Jens

Club: Robert Bosch Eisenach
Number: 239

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:18:35

Speed: 8.12 km/h
Running performance: 7:22 min/km

Rank in course/Total: 65 (of 216)

Rank in course/Men: 59 (of 181)

Best time in course: 8:48:12

Rank in category: 16(of 43)

Best time in the category: 9:49:30

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:15:49	7:15	17	38:53	71	50:37	27.00	3:15:49	7:15	17	38:53	70	50:37
Floh-Seligenthal	27.00	3:14:32	7:12	18	41:18	63	53:32	54.00	6:30:21	7:13	17	1:19:04	63	1:44:09
Finsterbergen	22.00	2:56:15	8:00	18	42:31	61	56:13	76.00	9:26:36	7:27	20	1:52:58	64	2:37:30
Prefinish	23.70	2:50:39	7:12	14	39:33	53	52:36	99.70	12:17:15	7:23	16	2:28:53	58	3:30:06
Fröttstädt	0.50	1:20	2:39	15	0:17	52	0:21	100.20	12:18:35	7:22	16	2:29:05	59	3:30:23