



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Schwert, Maik

Club: Dresden
Number: 173

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:19:17

Speed: 8.12 km/h
Running performance: 7:23 min/km

Rank in course/Total: 66 (of 216)

Rank in course/Men: 60 (of 181)

Best time in course: 8:48:12

Rank in category: 17(of 43)

Best time in the category: 9:49:30

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:27:14	7:40	26	50:18	100	1:02:02	27.00	3:27:14	7:40	26	50:18	99	1:02:02
Floh-Seligenthal	27.00	3:08:11	6:58	14	34:57	47	47:11	54.00	6:35:25	7:19	20	1:24:08	73	1:49:13
Finsterbergen	22.00	2:47:35	7:37	11	33:51	46	47:33	76.00	9:23:00	7:24	16	1:49:22	59	2:33:54
Prefinish	23.70	2:54:42	7:22	17	43:36	61	56:39	99.70	12:17:42	7:23	17	2:29:20	59	3:30:33
Fröttstädt	0.50	1:35	3:09	30	0:32	113	0:36	100.20	12:19:17	7:22	17	2:29:47	60	3:31:05