



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Heinkelein, Michael

Club: LG Mauerweg Berlin e.V  
Number: 1055

Course: 160.00 km  
100 Meilen

Category:  
Senioren M35 (35-39 Jahre)

Total time: 20:25:30

Speed: 7.83 km/h  
Running performance: 7:40 min/km

Rank in course/Total: 6 (of 108)

Rank in course/Men: 6 (of 98)

Best time in course: 17:27:33

Rank in category: 1(of 11)

Best time in the category: 20:25:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	4:18:25	6:04	1	-	10	22:38	42.50	4:18:25	6:04	1	-	94	22:38
Sontra	27.50	3:47:28	8:16	3	44:26	7	44:26	70.00	8:05:53	6:56	2	10:00	91	45:13
Glasbachwiese	17.00	2:37:37	9:16	2	11:07	12	44:45	87.00	10:43:30	7:23	11	8:05	89	1:08:26
Gensberg/Brotte	13.00	2:11:25	10:06	3	8:26	13	25:28	100.00	12:54:55	7:44	9	16:31	80	1:33:54
Floh-Seligenthal	14.00	1:23:25	5:57	2	2:03	13	18:11	114.00	14:18:20	7:31	8	13:53	78	1:52:05
Finsterbergen	22.00	3:07:07	8:30	2	3:39	11	35:47	136.00	17:25:27	7:41	7	3:49	73	2:27:52
Prefinish	23.50	2:58:48	7:36	1	-	9	30:02	159.50	20:24:15	7:40	1	-	71	2:57:54
Fröttstädt	0.50	1:15	2:30	1	-	5	0:09	160.00	20:25:30	7:39	1	-	6	2:57:57