



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Prüter, Stefan

Club: Bremervörder SC
Number: 127

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:27:51

Speed: 8.02 km/h
Running performance: 7:28 min/km

Rank in course/Total: 70 (of 216)

Rank in course/Men: 64 (of 181)

Best time in course: 8:48:12

Rank in category: 19(of 43)

Best time in the category: 9:49:30

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:17:52	7:19	21	40:56	82	52:40	27.00	3:17:52	7:19	21	40:56	81	52:40
Floh-Seligenthal	27.00	3:16:41	7:17	19	43:27	67	55:41	54.00	6:34:33	7:18	19	1:23:16	72	1:48:21
Finsterbergen	22.00	2:51:38	7:48	17	37:54	57	51:36	76.00	9:26:11	7:26	19	1:52:33	62	2:37:05
Prefinish	23.70	3:00:27	7:36	19	49:21	70	1:02:24	99.70	12:26:38	7:29	19	2:38:16	63	3:39:29
Fröttstädt	0.50	1:13	2:25	9	0:10	19	0:14	100.20	12:27:51	7:27	19	2:38:21	64	3:39:39