



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Dr. Hentsch, Torsten

Club: SV Hermsdorf  
Number: 48

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 12:30:46

Speed: 7.99 km/h  
Running performance: 7:29 min/km

Rank in course/Total: 73 (of 216)

Rank in course/Men: 67 (of 181)

Best time in course: 8:48:12

Rank in category: 10(of 38)

Best time in the category: 10:23:21

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:57:00	6:33	4	7:36	34	31:48	27.00	2:57:00	6:33	4	7:36	33	31:48
Floh-Seligenthal	27.00	3:23:21	7:31	16	36:12	81	1:02:21	54.00	6:20:21	7:02	8	43:48	55	1:34:09
Finsterbergen	22.00	3:08:05	8:32	19	36:56	84	1:08:03	76.00	9:28:26	7:28	11	1:20:30	67	2:39:20
Prefinish	23.70	3:00:53	7:37	14	46:43	72	1:02:50	99.70	12:29:19	7:30	10	2:07:13	65	3:42:10
Fröttstädt	0.50	1:27	2:53	14	0:15	78	0:28	100.20	12:30:46	7:29	10	2:07:25	67	3:42:34