



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

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Club: Laufclub Anhalt  
Number: 28

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M35 (35-39 Jahre)

Total time: 12:31:15

Speed: 8.00 km/h  
Running performance: 7:30 min/km

Rank in course/Total: 75 (of 216)

Rank in course/Men: 69 (of 181)

Best time in course: 8:48:12

Rank in category: 9(of 18)

Best time in the category: 8:48:12

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:34:00	7:55	13	1:08:48	117	1:08:48	27.00	3:34:00	7:55	12	1:08:48	116	1:08:48
Floh-Seligenthal	27.00	3:18:07	7:20	9	57:07	69	57:07	54.00	6:52:07	7:37	11	2:05:55	90	2:05:55
Finsterbergen	22.00	2:48:07	7:38	6	48:05	48	48:05	76.00	9:40:14	7:38	9	2:51:08	71	2:51:08
Prefinish	23.70	2:49:36	7:09	7	51:33	50	51:33	99.70	12:29:50	7:31	8	3:42:41	68	3:42:41
Fröttstädt	0.50	1:25	2:50	10	0:22	69	0:26	100.20	12:31:15	7:29	9	3:43:03	69	3:43:03