



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Schwede, Bianka

Club: Marathon Mülheim
Number: 1123

Course: 160.00 km
100 Meilen

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 21:35:30

Speed: 7.41 km/h
Running performance: 8:06 min/km

Rank in course/Total: 12 (of 108)

Rank in course/Women: 1 (of 10)

Best time in course: 21:35:30

Rank in category: 1(of 2)

Best time in the category: 21:35:30

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hörselberg	42.50	4:40:26	6:35	1	-	2	9:16	42.50	4:40:26	6:35	1	-	10	9:16
Sontra	27.50	4:20:16	9:27	1	-	1	-	70.00	9:00:42	7:43	1	-	1	-
Glasbachwiese	17.00	2:43:03	9:35	1	-	1	-	87.00	11:43:45	8:05	1	-	1	-
Gensberg/Brotte	13.00	2:10:56	10:04	1	-	2	1:48	100.00	13:54:41	8:20	1	-	1	-
Floh-Seligenthal	14.00	1:19:35	5:41	1	-	1	-	114.00	15:14:16	8:01	1	-	1	-
Finsterbergen	22.00	3:11:50	8:43	1	-	1	-	136.00	18:26:06	8:07	1	-	1	-
Prefinish	23.50	3:07:51	7:59	1	-	1	-	159.50	21:33:57	8:06	1	-	1	-
Fröttstädt	0.50	1:33	3:06	1	-	3	0:08	160.00	21:35:30	8:05	1	-	1	-