



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Otto, Patrick

Club: Schritt für Schritt für das Kinderhospiz
Number: 1111

Course: 160.00 km
100 Meilen

Category:
Senioren M30 (30-34 Jahre)

Total time: 19:43:52

Speed: 8.11 km/h
Running performance: 7:24 min/km

Rank in course/Total: 4 (of 108)

Rank in course/Men: 4 (of 98)

Best time in course: 17:27:33

Rank in category: 1(of 5)

Best time in the category: 19:43:52

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	4:22:29	6:10	3	10:40	12	26:42	42.50	4:22:29	6:10	6	10:40	94	26:42
Sontra	27.50	3:44:08	8:09	1	-	5	41:06	70.00	8:06:37	6:57	1	-	91	45:57
Glasbachwiese	17.00	2:15:43	7:59	1	-	3	22:51	87.00	10:22:20	7:09	1	-	89	47:16
Gensberg/Brotte	13.00	2:12:12	10:10	1	-	15	26:15	100.00	12:34:32	7:32	1	-	80	1:13:31
Floh-Seligenthal	14.00	1:17:36	5:32	1	-	4	12:22	114.00	13:52:08	7:17	1	-	78	1:25:53
Finsterbergen	22.00	2:53:30	7:53	1	-	3	22:10	136.00	16:45:38	7:23	1	-	73	1:48:03
Prefinish	23.50	2:56:41	7:31	1	-	8	27:55	159.50	19:42:19	7:24	1	-	71	2:15:58
Fröttstädt	0.50	1:33	3:06	2	0:06	25	0:27	160.00	19:43:52	7:23	1	-	4	2:16:19