



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Heinlein, Marika

Club: 1. FC Geesdorf  
Number: 71

Course: 100.20 km  
100 Kilometer

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 12:51:15

Speed: 7.78 km/h  
Running performance: 7:42 min/km

Rank in course/Total: 83 (of 216)

Rank in course/Women: 8 (of 35)

Best time in course: 9:56:00

Rank in category: 2(of 9)

Best time in the category: 11:37:24

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:22:44	7:30	3	27:05	9	48:58	27.00	3:22:44	7:30	3	27:05	9	48:58
Floh-Seligenthal	27.00	3:20:56	7:26	3	24:36	8	45:03	54.00	6:43:40	7:28	3	51:41	8	1:34:01
Finsterbergen	22.00	2:58:42	8:07	2	7:59	7	37:24	76.00	9:42:22	7:39	3	59:40	8	2:11:25
Prefinish	23.70	3:07:27	7:54	4	14:01	14	43:35	99.70	12:49:49	7:43	2	1:13:41	8	2:55:00
Fröttstädt	0.50	1:26	2:52	4	0:13	14	0:16	100.20	12:51:15	7:41	2	1:13:51	8	2:55:15