



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

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Club: Wir tun´s laufend!  
Number: 118

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M35 (35-39 Jahre)

Total time: 12:51:37

Speed: 7.79 km/h  
Running performance: 7:42 min/km

Rank in course/Total: 84 (of 216)

Rank in course/Men: 76 (of 181)

Best time in course: 8:48:12

Rank in category: 10(of 18)

Best time in the category: 8:48:12

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:38:45	5:52	4	13:33	11	13:33	27.00	2:38:45	5:52	4	13:33	11	13:33
Floh-Seligenthal	27.00	3:04:49	6:50	7	43:49	42	43:49	54.00	5:43:34	6:21	5	57:22	24	57:22
Finsterbergen	22.00	3:19:36	9:04	11	1:19:34	101	1:19:34	76.00	9:03:10	7:08	6	2:14:04	49	2:14:04
Prefinish	23.70	3:46:49	9:34	14	1:48:46	129	1:48:46	99.70	12:49:59	7:43	9	4:02:50	75	4:02:50
Fröttstädt	0.50	1:38	3:15	13	0:35	118	0:39	100.20	12:51:37	7:42	10	4:03:25	76	4:03:25