



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Karle, Thomas

Club: LT Wernau
Number: 1092

Course: 160.00 km
100 Meilen

Category:
Senioren M50 (50-54 Jahre)

Total time: 22:53:20

Speed: 6.99 km/h
Running performance: 8:35 min/km

Rank in course/Total: 19 (of 108)

Rank in course/Men: 17 (of 98)

Best time in course: 17:27:33

Rank in category: 3(of 30)

Best time in the category: 20:42:51

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	4:53:53	6:54	9	58:06	38	58:06	42.50	4:53:53	6:54	28	58:06	94	58:06
Sontra	27.50	5:01:00	10:56	15	1:24:44	56	1:57:58	70.00	9:54:53	8:29	26	2:22:50	91	2:34:13
Glasbachwiese	17.00	2:48:32	9:54	5	24:46	23	55:40	87.00	12:43:25	8:46	26	2:29:11	89	3:08:21
Gensberg/Brotte	13.00	2:15:12	10:23	5	14:17	19	29:15	100.00	14:58:37	8:59	22	1:45:59	80	3:37:36
Floh-Seligenthal	14.00	1:19:39	5:41	1	-	7	14:25	114.00	16:18:16	8:34	22	1:44:10	78	3:52:01
Finsterbergen	22.00	3:26:38	9:23	5	25:24	22	55:18	136.00	19:44:54	8:42	20	2:09:34	73	4:47:19
Prefinish	23.50	3:06:56	7:57	3	4:44	14	38:10	159.50	22:51:50	8:36	20	2:10:26	71	5:25:29
Fröttstädt	0.50	1:30	3:00	4	0:12	22	0:24	160.00	22:53:20	8:34	3	2:10:29	17	5:25:47