



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Balsen, Bernd

Club: Brandis
Number: 39

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 12:56:12

Speed: 7.73 km/h
Running performance: 7:45 min/km

Rank in course/Total: 86 (of 216)

Rank in course/Men: 78 (of 181)

Best time in course: 8:48:12

Rank in category: 16(of 38)

Best time in the category: 10:23:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:49:08	8:29	31	59:44	141	1:23:56	27.00	3:49:08	8:29	31	59:44	140	1:23:56
Floh-Seligenthal	27.00	3:34:50	7:57	22	47:41	103	1:13:50	54.00	7:23:58	8:13	26	1:47:25	125	2:37:46
Finsterbergen	22.00	2:48:54	7:40	9	17:45	50	48:52	76.00	10:12:52	8:03	19	2:04:56	91	3:23:46
Prefinish	23.70	2:42:08	6:50	6	27:58	38	44:05	99.70	12:55:00	7:46	16	2:32:54	77	4:07:51
Fröttstädt	0.50	1:12	2:23	1	-	14	0:13	100.20	12:56:12	7:44	16	2:32:51	78	4:08:00