



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

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Club: LWF Leipzig  
Number: 1029

Course: 160.00 km  
100 Meilen

Category:  
Senioren M55 (55-59 Jahre)

Total time: 22:03:08

Speed: 7.26 km/h  
Running performance: 8:16 min/km

Rank in course/Total: 13 (of 108)

Rank in course/Men: 12 (of 98)

Best time in course: 17:27:33

Rank in category: 2(of 15)

Best time in the category: 20:52:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	4:29:10	6:20	2	1:47	15	33:23	42.50	4:29:10	6:20	16	1:47	94	33:23
Sontra	27.50	4:28:47	9:46	3	13:24	24	1:25:45	70.00	8:57:57	7:41	16	2:58	91	1:37:17
Glasbachwiese	17.00	2:45:52	9:45	4	53:00	21	53:00	87.00	11:43:49	8:05	16	20:13	89	2:08:45
Gensberg/Brotte	13.00	2:15:29	10:25	3	11:56	20	29:32	100.00	13:59:18	8:23	16	32:09	80	2:38:17
Floh-Seligenthal	14.00	1:28:13	6:18	3	10:36	21	22:59	114.00	15:27:31	8:08	16	42:45	78	3:01:16
Finsterbergen	22.00	3:17:41	8:59	2	18:58	16	46:21	136.00	18:45:12	8:16	15	1:01:43	73	3:47:37
Prefinish	23.50	3:16:00	8:20	5	8:55	23	47:14	159.50	22:01:12	8:17	15	1:10:38	71	4:34:51
Fröttstädt	0.50	1:56	3:52	10	0:40	53	0:50	160.00	22:03:08	8:16	2	1:11:06	12	4:35:35