



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

Detailed evaluation

Blumensaat, Roland

Club: schritt-weise.de

Number: 195

Course: 100.20 km

100 Kilometer

Category:

Senioren M55 (55-59 Jahre)

Total time: 13:10:20

Speed: 7.59 km/h

Running performance: 7:53 min/km

Rank in course/Total: 92 (of 216)

Rank in course/Men: 83 (of 181)

Best time in course: 8:48:12

Rank in category: 11(of 28)

Best time in the category: 9:25:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:44:17	8:18	22	1:11:01	131	1:19:05	27.00	3:44:17	8:18	22	1:11:01	130	1:19:05
Floh-Seligenthal	27.00	3:30:15	7:47	15	1:03:38	96	1:09:15	54.00	7:14:32	8:02	18	2:14:39	110	2:28:20
Finsterbergen	22.00	3:04:59	8:24	9	51:24	71	1:04:57	76.00	10:19:31	8:09	16	3:06:03	94	3:30:25
Prefinish	23.70	2:49:21	7:08	7	38:45	49	51:18	99.70	13:08:52	7:54	11	3:44:48	82	4:21:43
Fröttstädt	0.50	1:28	2:55	13	0:15	84	0:29	100.20	13:10:20	7:53	11	3:45:02	83	4:22:08