



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Kratzheller, Silvia

Club: Rot Weiss Hadamar
Number: 176

Course: 100.20 km
100 Kilometer

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 13:10:34

Speed: 7.59 km/h
Running performance: 7:53 min/km

Rank in course/Total: 93 (of 216)
Rank in course/Women: 10 (of 35)
Best time in course: 9:56:00

Rank in category: 3(of 9)
Best time in the category: 11:37:24

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:17:58	7:19	2	22:19	7	44:12	27.00	3:17:58	7:19	2	22:19	7	44:12
Floh-Seligenthal	27.00	3:13:57	7:10	2	17:37	7	38:04	54.00	6:31:55	7:15	2	39:56	7	1:22:16
Finsterbergen	22.00	3:06:53	8:29	4	16:10	11	45:35	76.00	9:38:48	7:36	2	56:06	7	2:07:51
Prefinish	23.70	3:30:12	8:52	6	36:46	23	1:06:20	99.70	13:09:00	7:54	3	1:32:52	10	3:14:11
Fröttstädt	0.50	1:34	3:07	6	0:21	19	0:24	100.20	13:10:34	7:53	3	1:33:10	10	3:14:34