



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

**Stammer, Uwe**

Club: Blau-Weiss-Hettstedt  
Number: 138

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M40 (40-44 Jahre)

Total time: 13:20:57

Speed: 7.51 km/h  
Running performance: 7:59 min/km

Rank in course/Total: 98 (of 216)

Rank in course/Men: 85 (of 181)

Best time in course: 8:48:12

Rank in category: 13(of 22)

Best time in the category: 9:37:00

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:17:32	7:18	10	50:55	78	52:20	27.00	3:17:32	7:18	10	50:55	77	52:20
Floh-Seligenthal	27.00	3:53:01	8:37	19	1:24:15	140	1:32:01	54.00	7:10:33	7:58	16	2:02:26	105	2:24:21
Finsterbergen	22.00	3:09:16	8:36	13	57:13	86	1:09:14	76.00	10:19:49	8:09	15	2:59:39	95	3:30:43
Prefinish	23.70	2:59:46	7:35	12	44:12	69	1:01:43	99.70	13:19:35	8:01	13	3:43:51	84	4:32:26
Fröttstädt	0.50	1:22	2:44	12	0:14	62	0:23	100.20	13:20:57	7:59	13	3:43:57	85	4:32:45