



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Krause, Sybille

Club: WSG 81 Königs Wusterhausen  
Number: 221

Course: 100.20 km  
100 Kilometer

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 13:21:44

Speed: 7.48 km/h  
Running performance: 8:00 min/km

Rank in course/Total: 99 (of 216)  
Rank in course/Women: 14 (of 35)  
Best time in course: 9:56:00

Rank in category: 2(of 6)  
Best time in the category: 13:15:03

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:37:16	8:02	5	5:12	18	1:03:30	27.00	3:37:16	8:02	5	5:12	18	1:03:30
Floh-Seligenthal	27.00	3:36:14	8:00	3	9:43	18	1:00:21	54.00	7:13:30	8:01	4	14:05	17	2:03:51
Finsterbergen	22.00	3:09:34	8:37	2	1:39	15	48:16	76.00	10:23:04	8:11	3	7:09	16	2:52:07
Prefinish	23.70	2:57:13	7:28	1	-	8	33:21	99.70	13:20:17	8:01	2	6:32	14	3:25:28
Fröttstädt	0.50	1:27	2:53	2	0:09	15	0:17	100.20	13:21:44	8:00	2	6:41	14	3:25:44