



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Wurschi, Frank

Club: kfo-weimar  
Number: 1051

Course: 160.00 km  
100 Meilen

Category:  
Senioren M50 (50-54 Jahre)

Total time: 22:22:01

Speed: 7.15 km/h  
Running performance: 8:23 min/km

Rank in course/Total: 17 (of 108)

Rank in course/Men: 15 (of 98)

Best time in course: 17:27:33

Rank in category: 2(of 30)

Best time in the category: 20:42:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	4:55:21	6:56	10	59:34	41	59:34	42.50	4:55:21	6:56	28	59:34	94	59:34
Sontra	27.50	4:47:27	10:27	10	1:11:11	37	1:44:25	70.00	9:42:48	8:19	26	2:10:45	91	2:22:08
Glasbachwiese	17.00	2:44:07	9:39	4	20:21	19	51:15	87.00	12:26:55	8:35	26	2:12:41	89	2:51:51
Gensberg/Brotte	13.00	2:15:56	10:27	6	15:01	21	29:59	100.00	14:42:51	8:49	22	1:30:13	80	3:21:50
Floh-Seligenthal	14.00	1:25:29	6:06	3	5:50	16	20:15	114.00	16:08:20	8:29	22	1:34:14	78	3:42:05
Finsterbergen	22.00	3:10:11	8:38	2	8:57	13	38:51	136.00	19:18:31	8:31	20	1:43:11	73	4:20:56
Prefinish	23.50	3:02:12	7:45	1	-	11	33:26	159.50	22:20:43	8:24	20	1:39:19	71	4:54:22
Fröttstädt	0.50	1:18	2:36	1	-	9	0:12	160.00	22:22:01	8:23	2	1:39:10	15	4:54:28