



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Sharp, Stefanie

Club: Lauffeuer Fröttstädt  
Number: 33

Course: 100.20 km  
100 Kilometer

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 13:25:11

Speed: 7.47 km/h  
Running performance: 8:02 min/km

Rank in course/Total: 101 (of 216)

Rank in course/Women: 15 (of 35)

Best time in course: 9:56:00

Rank in category: 2(of 3)

Best time in the category: 9:56:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Glasbachwiese	27.00	3:34:19	7:56	2	1:00:33	14	1:00:33	27.00	3:34:19	7:56	2	1:00:33	14	1:00:33
Floh-Seligenthal	27.00	3:28:25	7:43	2	52:32	11	52:32	54.00	7:02:44	7:49	2	1:53:05	12	1:53:05
Finsterbergen	22.00	3:11:02	8:41	2	49:44	16	49:44	76.00	10:13:46	8:04	2	2:42:49	10	2:42:49
Prefinish	23.70	3:09:50	8:00	2	45:58	15	45:58	99.70	13:23:36	8:03	2	3:28:47	15	3:28:47
Fröttstädt	0.50	1:35	3:09	2	0:24	20	0:25	100.20	13:25:11	8:02	2	3:29:11	15	3:29:11