



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Ulitz, Monika

Club: FSV Sandharlanden  
Number: 15

Course: 100.20 km  
100 Kilometer

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 13:31:06

Speed: 7.40 km/h  
Running performance: 8:05 min/km

Rank in course/Total: 106 (of 216)

Rank in course/Women: 16 (of 35)

Best time in course: 9:56:00

Rank in category: 5(of 9)

Best time in the category: 11:37:24

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:40:04	8:09	4	44:25	19	1:06:18	27.00	3:40:04	8:09	4	44:25	19	1:06:18
Floh-Seligenthal	27.00	3:36:01	8:00	5	39:41	16	1:00:08	54.00	7:16:05	8:04	5	1:24:06	19	2:06:26
Finsterbergen	22.00	3:07:07	8:30	5	16:24	12	45:49	76.00	10:23:12	8:12	5	1:40:30	17	2:52:15
Prefinish	23.70	3:06:22	7:51	3	12:56	13	42:30	99.70	13:29:34	8:07	5	1:53:26	16	3:34:45
Fröttstädt	0.50	1:32	3:04	5	0:19	17	0:22	100.20	13:31:06	8:05	5	1:53:42	16	3:35:06