



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Gothe, Stefan

Club: Triathlon Friedrichroda e.V.
Number: 1065

Course: 160.00 km
100 Meilen

Category:
Senioren M40 (40-44 Jahre)

Total time: 23:34:08

Speed: 6.79 km/h
Running performance: 8:50 min/km

Rank in course/Total: 25 (of 108)

Rank in course/Men: 22 (of 98)

Best time in course: 17:27:33

Rank in category: 3(of 8)

Best time in the category: 19:56:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	5:25:14	7:39	7	1:07:01	67	1:29:27	42.50	5:25:14	7:39	9	1:07:01	94	1:29:27
Sontra	27.50	4:44:33	10:20	5	48:04	33	1:41:31	70.00	10:09:47	8:42	9	1:55:05	91	2:49:07
Glasbachwiese	17.00	3:13:06	11:21	6	50:25	62	1:20:14	87.00	13:22:53	9:13	9	2:45:30	89	3:47:49
Gensberg/Brotte	13.00	2:34:18	11:52	5	27:14	50	48:21	100.00	15:57:11	9:34	8	3:12:44	80	4:36:10
Floh-Seligenthal	14.00	1:34:36	6:45	4	15:15	39	29:22	114.00	17:31:47	9:13	8	3:26:40	78	5:05:32
Finsterbergen	22.00	3:08:05	8:32	2	9:53	12	36:45	136.00	20:39:52	9:06	7	3:36:33	73	5:42:17
Prefinish	23.50	2:52:35	7:20	2	0:39	6	23:49	159.50	23:32:27	8:51	7	3:37:12	71	6:06:06
Fröttstädt	0.50	1:41	3:22	3	0:35	35	0:35	160.00	23:34:08	8:50	3	3:37:47	22	6:06:35