



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Herzog, Mirko

Club: Dresden
Number: 131

Course: 100.20 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 13:34:37

Speed: 7.37 km/h
Running performance: 8:08 min/km

Rank in course/Total: 112 (of 216)

Rank in course/Men: 96 (of 181)

Best time in course: 8:48:12

Rank in category: 14(of 22)

Best time in the category: 9:37:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:28:34	7:43	16	1:01:57	101	1:03:22	27.00	3:28:34	7:43	16	1:01:57	100	1:03:22
Floh-Seligenthal	27.00	3:16:54	7:17	11	48:08	68	55:54	54.00	6:45:28	7:30	12	1:37:21	83	1:59:16
Finsterbergen	22.00	3:09:43	8:37	14	57:40	87	1:09:41	76.00	9:55:11	7:49	11	2:35:01	80	3:06:05
Prefinish	23.70	3:37:52	9:11	15	1:22:18	122	1:39:49	99.70	13:33:03	8:09	14	3:57:19	96	4:45:54
Fröttstädt	0.50	1:34	3:07	15	0:26	109	0:35	100.20	13:34:37	8:07	14	3:57:37	96	4:46:25