



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Pohl, Mathias

Club: LTV Erfurt
Number: 114

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:37:12

Speed: 7.36 km/h
Running performance: 8:10 min/km

Rank in course/Total: 114 (of 216)

Rank in course/Men: 97 (of 181)

Best time in course: 8:48:12

Rank in category: 23(of 38)

Best time in the category: 10:23:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:20:03	7:24	19	30:39	89	54:51	27.00	3:20:03	7:24	19	30:39	88	54:51
Floh-Seligenthal	27.00	3:46:28	8:23	28	59:19	123	1:25:28	54.00	7:06:31	7:53	23	1:29:58	101	2:20:19
Finsterbergen	22.00	3:20:48	9:07	26	49:39	106	1:20:46	76.00	10:27:19	8:15	24	2:19:23	103	3:38:13
Prefinish	23.70	3:08:29	7:57	19	54:19	82	1:10:26	99.70	13:35:48	8:10	23	3:13:42	97	4:48:39
Fröttstädt	0.50	1:24	2:47	10	0:12	65	0:25	100.20	13:37:12	8:09	23	3:13:51	97	4:49:00