



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Fels, Manfred

Club: Lauffreunde Emsland/TEA  
Number: 1044

Course: 160.00 km  
100 Meilen

Category:  
Senioren M60 (60-64 Jahre)

Total time: 23:39:03

Speed: 6.77 km/h  
Running performance: 8:52 min/km

Rank in course/Total: 28 (of 108)

Rank in course/Men: 25 (of 98)

Best time in course: 17:27:33

Rank in category: 1(of 9)

Best time in the category: 23:39:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	5:19:24	7:30	3	41:01	58	1:23:37	42.50	5:19:24	7:30	10	41:01	94	1:23:37
Sontra	27.50	4:55:23	10:44	4	48:53	48	1:52:21	70.00	10:14:47	8:46	10	50:22	91	2:54:07
Glasbachwiese	17.00	2:50:00	10:00	1	-	29	57:08	87.00	13:04:47	9:01	9	29:28	89	3:29:43
Gensberg/Brotte	13.00	2:25:14	11:10	2	5:26	30	39:17	100.00	15:30:01	9:18	9	21:24	80	4:09:00
Floh-Seligenthal	14.00	1:27:18	6:14	1	-	19	22:04	114.00	16:57:19	8:55	9	13:52	78	4:31:04
Finsterbergen	22.00	3:31:23	9:36	1	-	31	1:00:03	136.00	20:28:42	9:02	1	-	73	5:31:07
Prefinish	23.50	3:08:53	8:02	1	-	18	40:07	159.50	23:37:35	8:53	1	-	71	6:11:14
Fröttstädt	0.50	1:28	2:55	2	0:01	17	0:22	160.00	23:39:03	8:52	1	-	25	6:11:30