



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Gunsenheimer, Wolfgang

Club: SG Waldetzenberg
Number: 101

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 13:45:06

Speed: 7.27 km/h
Running performance: 8:14 min/km

Rank in course/Total: 117 (of 216)

Rank in course/Men: 100 (of 181)

Best time in course: 8:48:12

Rank in category: 24(of 43)

Best time in the category: 9:49:30

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:52:22	8:36	37	1:15:26	152	1:27:10	27.00	3:52:22	8:36	37	1:15:26	151	1:27:10
Floh-Seligenthal	27.00	3:40:09	8:09	28	1:06:55	112	1:19:09	54.00	7:32:31	8:22	32	2:21:14	128	2:46:19
Finsterbergen	22.00	3:17:06	8:57	25	1:03:22	96	1:17:04	76.00	10:49:37	8:32	30	3:15:59	119	4:00:31
Prefinish	23.70	2:53:56	7:20	16	42:50	58	55:53	99.70	13:43:33	8:15	24	3:55:11	100	4:56:24
Fröttstädt	0.50	1:33	3:06	28	0:30	106	0:34	100.20	13:45:06	8:14	24	3:55:36	100	4:56:54