



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

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Club: Waldläufer Grünheide  
Number: 1061

Course: 160.00 km  
100 Meilen

Category:  
Senioren M55 (55-59 Jahre)

Total time: 23:48:11

Speed: 6.72 km/h  
Running performance: 8:56 min/km

Rank in course/Total: 33 (of 108)

Rank in course/Men: 30 (of 98)

Best time in course: 17:27:33

Rank in category: 4(of 15)

Best time in the category: 20:52:02

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	5:18:44	7:29	11	51:21	55	1:22:57	42.50	5:18:44	7:29	16	51:21	94	1:22:57
Sontra	27.50	4:47:48	10:27	8	32:25	38	1:44:46	70.00	10:06:32	8:39	16	1:11:33	91	2:45:52
Glasbachwiese	17.00	2:56:14	10:21	11	1:03:22	36	1:03:22	87.00	13:02:46	8:59	16	1:39:10	89	3:27:42
Gensberg/Brotte	13.00	2:38:56	12:13	11	35:23	53	52:59	100.00	15:41:42	9:25	16	2:14:33	80	4:20:41
Floh-Seligenthal	14.00	1:29:25	6:23	5	11:48	24	24:11	114.00	17:11:07	9:02	16	2:26:21	78	4:44:52
Finsterbergen	22.00	3:21:01	9:08	3	22:18	17	49:41	136.00	20:32:08	9:03	15	2:48:39	73	5:34:33
Prefinish	23.50	3:14:34	8:16	4	7:29	22	45:48	159.50	23:46:42	8:56	15	2:56:08	71	6:20:21
Fröttstädt	0.50	1:29	2:58	4	0:13	20	0:23	160.00	23:48:11	8:55	4	2:56:09	30	6:20:38