



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Heißing, Peter

Club: SuS 1920 Grün-Weiss Kalkar
Number: 78

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:49:27

Speed: 7.23 km/h
Running performance: 8:17 min/km

Rank in course/Total: 120 (of 216)

Rank in course/Men: 102 (of 181)

Best time in course: 8:48:12

Rank in category: 25(of 38)

Best time in the category: 10:23:21

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:59:40	8:52	36	1:10:16	162	1:34:28	27.00	3:59:40	8:52	36	1:10:16	161	1:34:28
Floh-Seligenthal	27.00	3:35:11	7:58	23	48:02	104	1:14:11	54.00	7:34:51	8:25	28	1:58:18	132	2:48:39
Finsterbergen	22.00	3:07:20	8:30	17	36:11	80	1:07:18	76.00	10:42:11	8:26	27	2:34:15	111	3:53:05
Prefinish	23.70	3:05:44	7:50	16	51:34	79	1:07:41	99.70	13:47:55	8:18	25	3:25:49	102	5:00:46
Fröttstädt	0.50	1:32	3:04	22	0:20	102	0:33	100.20	13:49:27	8:16	25	3:26:06	102	5:01:15