



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Hanke, Werner

Club: LWV Potsdam  
Number: 180

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M65 (65-69 Jahre)

Total time: 13:58:16

Speed: 7.16 km/h  
Running performance: 8:22 min/km

Rank in course/Total: 123 (of 216)

Rank in course/Men: 104 (of 181)

Best time in course: 8:48:12

Rank in category: 1(of 3)

Best time in the category: 13:58:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:17:44	7:19	1	-	81	52:32	27.00	3:17:44	7:19	1	-	80	52:32
Floh-Seligenthal	27.00	3:41:20	8:11	1	-	115	1:20:20	54.00	6:59:04	7:45	1	-	96	2:12:52
Finsterbergen	22.00	3:23:54	9:16	1	-	112	1:23:52	76.00	10:22:58	8:11	1	-	99	3:33:52
Prefinish	23.70	3:33:24	9:00	1	-	116	1:35:21	99.70	13:56:22	8:23	1	-	104	5:09:13
Fröttstädt	0.50	1:54	3:47	2	0:07	140	0:55	100.20	13:58:16	8:21	1	-	104	5:10:04