



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Jörn, Herbert

Club: Coburg
Number: 241

Course: 100.20 km
100 Kilometer

Category:
Senioren M30 (30-34 Jahre)

Total time: 14:04:11

Speed: 7.11 km/h
Running performance: 8:25 min/km

Rank in course/Total: 125 (of 216)

Rank in course/Men: 105 (of 181)

Best time in course: 8:48:12

Rank in category: 5(of 6)

Best time in the category: 9:52:57

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:34:22	7:56	5	1:01:06	119	1:09:10	27.00	3:34:22	7:56	5	1:01:06	118	1:09:10
Floh-Seligenthal	27.00	3:47:45	8:26	5	1:09:54	127	1:26:45	54.00	7:22:07	8:11	5	2:11:00	123	2:35:55
Finsterbergen	22.00	3:20:38	9:07	5	56:12	105	1:20:36	76.00	10:42:45	8:27	5	3:07:12	112	3:53:39
Prefinish	23.70	3:20:07	8:26	4	1:03:52	96	1:22:04	99.70	14:02:52	8:27	5	4:11:04	105	5:15:43
Fröttstädt	0.50	1:19	2:38	4	0:20	45	0:20	100.20	14:04:11	8:25	5	4:11:14	105	5:15:59