



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Kraus, Michael

Club: SC Aising-Pang
Number: 149

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:04:32

Speed: 7.10 km/h
Running performance: 8:26 min/km

Rank in course/Total: 127 (of 216)

Rank in course/Men: 107 (of 181)

Best time in course: 8:48:12

Rank in category: 26(of 38)

Best time in the category: 10:23:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:22:51	7:30	21	93	33:27	57:39	27.00	3:22:51	7:30	21	92	33:27	57:39
Floh-Seligenthal	27.00	3:32:43	7:52	21	101	45:34	1:11:43	54.00	6:55:34	7:41	20	93	1:19:01	2:09:22
Finsterbergen	22.00	3:33:07	9:41	30	128	1:01:58	1:33:05	76.00	10:28:41	8:16	25	105	2:20:45	3:39:35
Prefinish	23.70	3:34:18	9:02	30	118	1:20:08	1:36:15	99.70	14:02:59	8:27	26	107	3:40:53	5:15:50
Fröttstädt	0.50	1:33	3:06	24	106	0:21	0:34	100.20	14:04:32	8:25	26	107	3:41:11	5:16:20