



# 10. Thüringen ULTRA

Fröttstädt / 02.07.2016

## Detailed evaluation

**Meier, Olaf**

Club: Lauf- und Triathlonverein Genthin  
Number: 1036

Course: 160.00 km  
100 Meilen

Category:  
Senioren M45 (45-49 Jahre)

Total time: 23:18:14

Speed: 6.87 km/h  
Running performance: 8:44 min/km

Rank in course/Total: 24 (of 108)

Rank in course/Men: 21 (of 98)

Best time in course: 17:27:33

Rank in category: 7(of 15)

Best time in the category: 17:27:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	4:40:17	6:35	6	44:30	25	44:30	42.50	4:40:17	6:35	16	44:30	94	44:30
Sontra	27.50	4:27:49	9:44	6	1:02:56	23	1:24:47	70.00	9:08:06	7:49	16	1:47:26	91	1:47:26
Glasbachwiese	17.00	3:15:09	11:28	11	1:00:45	64	1:22:17	87.00	12:23:15	8:32	16	2:48:11	89	2:48:11
Gensberg/Brotte	13.00	2:27:21	11:20	7	41:24	33	41:24	100.00	14:50:36	8:54	16	3:29:35	80	3:29:35
Floh-Seligenthal	14.00	1:27:02	6:13	6	21:48	18	21:48	114.00	16:17:38	8:34	15	3:51:23	78	3:51:23
Finsterbergen	22.00	4:05:05	11:08	10	1:33:45	52	1:33:45	136.00	20:22:43	8:59	15	5:25:08	73	5:25:08
Prefinish	23.50	2:54:10	7:24	5	25:24	7	25:24	159.50	23:16:53	8:45	14	5:50:32	71	5:50:32
Fröttstädt	0.50	1:21	2:42	6	0:12	11	0:15	160.00	23:18:14	8:44	7	5:50:41	21	5:50:41