



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Noa, Heike

Club: Rennsteiglaufverein
Number: 99

Course: 100.20 km
100 Kilometer

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 14:21:37

Speed: 6.96 km/h
Running performance: 8:36 min/km

Rank in course/Total: 134 (of 216)

Rank in course/Women: 21 (of 35)

Best time in course: 9:56:00

Rank in category: 7(of 9)

Best time in the category: 11:37:24

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|------------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Glasbachwiese | 27.00 | 3:45:25 | 8:20 | 6 | 49:46 | 21 | 1:11:39 | 27.00 | 3:45:25 | 8:20 | 6 | 49:46 | 21 | 1:11:39 |
| Floh-Seligenthal | 27.00 | 3:40:51 | 8:10 | 7 | 44:31 | 22 | 1:04:58 | 54.00 | 7:26:16 | 8:15 | 7 | 1:34:17 | 23 | 2:16:37 |
| Finsterbergen | 22.00 | 3:20:16 | 9:06 | 6 | 29:33 | 18 | 58:58 | 76.00 | 10:46:32 | 8:30 | 7 | 2:03:50 | 22 | 3:15:35 |
| Prefinish | 23.70 | 3:33:30 | 9:00 | 7 | 40:04 | 24 | 1:09:38 | 99.70 | 14:20:02 | 8:37 | 7 | 2:43:54 | 21 | 4:25:13 |
| Fröttstädt | 0.50 | 1:35 | 3:09 | 7 | 0:22 | 20 | 0:25 | 100.20 | 14:21:37 | 8:35 | 7 | 2:44:13 | 21 | 4:25:37 |