



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Höfer, Dietmar

Club: Eisenach
Number: 167

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:21:58

Speed: 6.97 km/h
Running performance: 8:36 min/km

Rank in course/Total: 136 (of 216)

Rank in course/Men: 115 (of 181)

Best time in course: 8:48:12

Rank in category: 29(of 38)

Best time in the category: 10:23:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:19:15	7:22	18	29:51	87	54:03	27.00	3:19:15	7:22	18	29:51	86	54:03
Floh-Seligenthal	27.00	3:26:20	7:38	18	39:11	88	1:05:20	54.00	6:45:35	7:30	17	1:09:02	84	1:59:23
Finsterbergen	22.00	3:44:21	10:11	31	1:13:12	142	1:44:19	76.00	10:29:56	8:17	26	2:22:00	107	3:40:50
Prefinish	23.70	3:50:32	9:43	32	1:36:22	134	1:52:29	99.70	14:20:28	8:37	29	3:58:22	116	5:33:19
Fröttstädt	0.50	1:30	3:00	21	0:18	96	0:31	100.20	14:21:58	8:36	29	3:58:37	115	5:33:46