



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Eskes, Vera

Club: LLG-Kevelaer
Number: 226

Course: 100.20 km
100 Kilometer

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 14:25:42

Speed: 6.93 km/h
Running performance: 8:38 min/km

Rank in course/Total: 141 (of 216)

Rank in course/Women: 22 (of 35)

Best time in course: 9:56:00

Rank in category: 3(of 7)

Best time in the category: 12:42:25

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:51:27	8:34	4	23:48	27	1:17:41	27.00	3:51:27	8:34	4	23:48	27	1:17:41
Floh-Seligenthal	27.00	3:48:44	8:28	3	19:21	24	1:12:51	54.00	7:40:11	8:31	3	32:09	25	2:30:32
Finsterbergen	22.00	3:23:34	9:15	2	24:14	21	1:02:16	76.00	11:03:45	8:44	3	46:40	24	3:32:48
Prefinish	23.70	3:20:14	8:26	3	56:04	21	56:22	99.70	14:23:59	8:39	3	1:42:44	22	4:29:10
Fröttstädt	0.50	1:43	3:25	4	0:33	26	0:33	100.20	14:25:42	8:38	3	1:43:17	22	4:29:42